

Join Our FASD Speaker Series

February &
March 2022



STARTING EACH DAY WITH NEW HOPE

presented by: *Hamilton FASD Support Group & Halton FASD Support Group for Parents/Caregivers of Adults with FASD*

What You Will Learn:

- **The Big 3: Lying, Stealing & Raging**
- **Medication Algorithm**
- **Self Harm & Harm Reduction**
- **Dealing with Criminal Justice**
- **Achieving Success in Education**

To register, visit www.hamiltonfasdsupport.ca
or scroll down to each flyer and **click the link** attached or
email fasdhaltonadult@gmail.com for more information



Funded by Ontario Caregiver Organization



**Barb Clark, Parent Support &
Training Specialist NACAC**
Tuesday February 22, 2022
8-9:30pm EST



The Big 3: Lying, Stealing and Raging

Presentation Synopsis:

Some of the most common behavioural symptoms with individuals who have an FASD, are lying, stealing and raging – “the Big 3”. In this workshop, we will discuss the neuro-behavioural aspects of why these behaviours are common and talk about strategies that can help parents and professionals get a handle on these frustrating behaviours. We will dive into other symptoms as well and strategies that promote attachment, healing and connectedness.

Bio:

Barb Clark is a parent who has made a ton of mistakes and has lived to tell. She is now passionate about sharing her mistakes with other parents and professionals to make their journey smoother than hers was. Through humor and real life experiences, she shares information about how trauma impacts children’s brains, and how to move away from consequence based strategies and instead use strategies that promote relationship and attachment building. She has a particular passion for educating others on Fetal Alcohol Spectrum Disorders, trauma informed parenting strategies and parent support networks which she does through her position at the North American Council on Adoptable Children (NACAC) as well as through her work as an FASD Consultant.

To Register for this event visit
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**Megan Tucker, Training Coordinator &
Prevention Conversation Facilitator
Lakeland Centre for FASD
Tuesday, March 1, 2022
8pm-9:15pm (EST)**



Self-harm and Harm Reduction

Presentation Synopsis:

Harm reduction is a practice used in the field of addictions and works on the premise of reducing the harms caused by drugs or alcohol on individuals and society while understanding trauma and adverse life experiences.

This model is also very useful as a strategy for supporting individuals with FASD in many areas of their lives. This presentation will explore harmful situations people with FASD may be faced with as well as self harm and suicidal ideation. We will also explore some practical strategies that support people can try, to help the individual reduce the harms and can lead to less adverse experiences for individuals with FASD through understanding their brain.

Bio:

Megan Tucker has been in the disability field for 20 years, 13 of those years working specifically with Fetal Alcohol Spectrum Disorder. Megan graduated from Grant MacEwan as a Rehabilitation Practitioner then studied Humanities at the University of Alberta. She is currently the Training Coordinator at the Lakeland Centre for FASD, which has allowed her to speak at national and international conferences as well as train multi disciplinary professionals throughout Alberta. Megan is also a Prevention Conversation Facilitator for the Lakeland Metis Network. Megan has worked for the Lakeland Centre since 2009 in multiple capacities and has gained a wealth of knowledge about FASD. Megan's role with The Centre has changed over the years starting with creating and implementing a one of a kind Transition to Adulthood Program for Youth with FASD, which is still operating today, followed by some time as a FASD Outreach Coordinator supporting families and schools after a child or youth went through the diagnostic process. Megan sits on multiple committees to support community wellness including the Elizabeth Settlement Restorative Justice Committee and Reconciliation St. Paul. She has contributed to a grassroots anti-racism research project which recently published the book: Restoring the History of St. Paul des Metis: Understanding the Metis Perspectives.

**To Register for this event visit
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John Stevens, Parent
FASD & the Criminal Justice System
Thursday March 3rd, 2022
8pm-9:15pm (EST)



FASD & the Criminal Justice System

Presentation Synopsis:

While we all pray that our loved one is never involved with the Criminal Justice System, sadly according to the John Howard Society of Ontario 60% percent of people with FASD over 12 years old will have been charged with, or convicted of, a crime. FASD presents many difficult challenges across the judicial system, from the initial arrest through the court, corrections and parole processes. This session provides first hand experience from the perspective of a parent who dealt with the Criminal Justice System and the methods and tools he developed that provide the best possible outcomes for dealing with the criminal justice system for people with FASD.

Bio:

John Stevens is a parent who was faced with a child who was charged under the criminal justice system. This session will share his first hand personal experience and the process he developed to provide his child with the best possible outcome.

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Panel Discussion with

Staff Sergeant Ryan Snow, Halton Regional Police

Ilana Greene, Social Worker with Halton Regional Police

Jeff Parker, John Howard Society, All 4 One

Beth Bromberg, Lawyer

Tuesday March 8, 2022

8pm-915pm (EST)



FASD & Dealing with the Justice System

Panel Synopsis:

This session provides important proactive measures that will provide invaluable information for parents and caregivers if their child is exposed to the criminal justice system. The expert panel will cover the process, their experiences and discuss effective methods to help with the process. The session will also be of value to professionals to provide information on the kind of services they can guide their families through in accessing the situation. The panelists will also cover areas of potential advocacy to promote further change in the justice system and ensure a feeling of hope and a desired spirit of collaboration between the Police force and your loved one



Ryan Snow



Ilana Greene



Jeff Parker



Beth Bromberg

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Mark Courtepatte

Thursday March 10, 2022

8pm-9:15pm (EST)



FASD & Education-Achieving Success

Presentation Synopsis:

As you all well know, one of the most important factors for a child's success is their education. However, children with FASD commonly experience challenges in school. Having an IPRC with the proper exceptionality identification and supports defined as well as a strong IEP with the proper content is crucial to the success of the child. This session will help parents and caregivers understand how to achieve success for their child.

Bio:

Mark is the volunteer co- chair of the Hamilton and Area Parent & Caregiver FASD Support Group. He is also a member of the Hamilton Wentworth District School Board (HWDSB) Special Education Advisory Committee (SEAC). He was successful in convincing the Hamilton Wentworth District School Board (HWDSB) to recognize FASD as an exceptionality and assisting other Support Groups across Ontario to achieve the same success. Mark is often asked to participate at parent/teacher meetings to assist in a developing a collaborative approach to enhance understanding of how to support children with FASD.

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Dr Mansfield Mela, Professor

Department of Psychiatry, University of Saskatchewan

Tuesday March 15, 2022

8pm-9:30pm (EST)



Psychotropic Medication Algorithm & Treatment of FASD

Presentation Synopsis:

Have you ever met a doctor, social worker, therapist who just didn't understand Fetal Alcohol Spectrum Disorder? Have you walked out of the appointment thinking, "If only they could just help my child?" Dr Mela has the answers for you. Dr. Mela and a team of 12 multidisciplinary international experts have spent over 2 years developing a FASD medication algorithm. Dr Mela will identify how the psychotropic medication algorithm can improve the quality of care for individuals with FASD. He will present a basic understanding of how to use the medication algorithm in treatment for individuals with FASD and discuss engaging in a collaborative care model.

Bio: Dr. Mansfield Mela (MBBS, FWACP, MSc Psych, FRCPC),

Dr. Mansfield Mela is a Professor for the Department of Psychiatry, Current Director of the Centre for Forensic Behavioural Science and Justice Studies, & Associate Faculty Member of the College of Law at the University of Saskatchewan. His involvement in the University encompasses being an academic forensic psychiatrist, a Founder of the forensic subspecialty in Canada and testifies on various aspects of criminal & civil matters of law & psychiatry as well as teaching both undergraduate & post graduate medical and law students.

He is also the co-Lead of the patient-oriented research hub in forensic mental health in Saskatchewan and a member of the Saskatchewan Review Board and the Saskatchewan Physician Health program. Furthermore, as lead Researcher with Canada FASD Research Network and Vice Chair of the Forensic Research Network, his research has focused on psycho-legal aspects of forensic mental health, with specific interests and expertise in the area of Fetal Alcohol Spectrum Disorder (FASD).

Dr Mela brings a clinical and patient-oriented perspective to his research to achieve evidence-based practice amongst forensic mental health and FASD populations. Reducing victimization and improving patient outcomes especially among the vulnerable, form the foundation of his clinical and scholarly activities. And he is now a published Author to the book Prenatal Alcohol Exposure: A Clinician's Guide.

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