

FINDING A BALANCE

Supporting Self-Regulation, Mental Health and Executive Functioning for individuals with FASD

Offered in partnership with the Halton & Hamilton FASD Collaboratives

EVENT DETAILS

DATE: Thursday March 26, 2020

TIME: 9am-4pm
Registration/Doors Open 8am
Presentation Starts 9am

LOCATION: Oakville Conference & Banquet Centre
2515 Wyecroft Road
Oakville, Ontario

COST: \$100 for Professionals
\$75 for Parents/Caregivers

Lunch and Snacks will be provided

To register, please visit rockevents.ca

If you have any questions, please contact Sue Brooks at sueb@rockonline.ca



Key Note Speaker: Jacqueline Pei (R. Psych., PhD)

Jacqueline is a Professor in the Department of Educational Psychology and Assistant Clinical Professor in the Department of Pediatrics at the University of Alberta. Also a practicing Registered Psychologist for the past 18 years, Dr. Pei began her career as a criminologist and forensic counselor working with incarcerated youth. Motivated by this early work, she returned to academia to study youth at risk, child development, and neuropsychology. Her current focus includes identification and evaluation of interventions for individuals with Fetal Alcohol Spectrum Disorders. Dr. Pei has over 75 peer reviewed publications, but places the greatest value on her work with various community and government agencies. To this end, Dr. Pei currently leads the Intervention Network Action Team (iNAT) for the Canada FASD Research Network, a role that facilitates the link between research, policy, and practice.



Guest Speaker: Reinier deSmit

"After years of mis-diagnosis and a cornucopia of failed solutions, I was blessed with a "Rosetta Stone" diagnosis: Fetal Alcohol Spectrum Disorder. At 56 years of age, the lens of FASD helped me start understanding so much of my, at times, extremely frustrating life's journey. I was finally ALIGNING with who I really was. Instead of taking this as bad news, I became excited about learning how I could take authentic control of my own life finally."



Guest Speaker: Cindy Male

Cindy and her husband Anthony are an adoptive family. She has three children 17, 19 and 21, who all have a diagnosis under the FASD umbrella. Each of her children have very unique strengths and challenges. One of her children struggles with mental health challenges. Cindy has recently retired from a 29 year career as a Youth Justice Trainer with the Ministry of Children and Youth. FASD was a significant part of her training portfolio across the province. She is excited to share her FASD experiences.